

LIFE BUILDING CENTER

131 F STREET, MARYSVILLE

530-749-6811



December 2024

HANDS OF HOPE

909 SPIVA, YUBA CITY

530-755-3491

Closed for Day Services December 25th & January 1st

Mondays

Weekly Counseling, 9:00 am - 12:00 pm
Weekly Sutter Yuba Behavioral Health Representative, 12:30 pm - 3:30 pm
Dec 2 & 16 Adventist Health: Community Connect Social and Health Barriers, 1:00 pm - 3:00 pm
Dec 9 & 23 Hair Cuts - 10:00 am - 12:00 pm
Dec 23 Yuba County 1 Stop Representative, 2:00 pm - 3:00 pm

Tuesdays

Weekly Harmony Health Street Nurse Team, 9:00 am - 12:00 pm
Weekly Yuba County Office Education: Educational Outreach for all Yuba County Schools, 9:00 am - 11:00 am
Dec 10 & 24 Yuba County Health & Human Services: County Benefits, 1:00 pm - 3:00 pm

Wednesdays

Weekly Harmony Health: Living in Balance, 1:00 pm - 2:00 pm
Dec 18 Harm Reduction: Learn How to Stop Overdose Deaths, 10:00 am - 11:00 am
Dec 18 Veterans Outreach 11:00 am - 1:00 pm

Thursdays

Weekly Harmony Health: Outreach and Insurance, 10:00 am - 12:00 pm
Dec 12 Yuba County Health & Human Services: County Benefits, 1:00 pm - 3:00 pm
Dec 26 Breaking the Chains of Life Controlling Problems. 2:30 - 3:30 pm

Fridays

Weekly Harmony Health: Anger Management, 9:00 am - 10:00 pm
Weekly iCare: BX Health Engagements 2:00 pm - 3:00 pm
Weekly Peach Tree Mobile Unit, 9:00 am - 4:00 pm
Dec 6 Peach Tree Health: Medical Benefits, 12:00 pm - 2:00 pm
Dec 13 & 27 CRLA: Talk to a CRLA Advocate, 10:00 am - 11:00 am
Dec 13 Breaking the Chains Pop-in, 1:00 pm - 2:00 pm

Single Entry Point for Homeless Services!

Hand of Hope

Open Monday - Friday
8:30 am - 4:30 pm

Life Building Center

Open Monday - Friday
9:00am - 3:30 pm

- Showers & Laundry
- Case Management
- Connection to Housing & Services

Intakes end at 2:30 pm
Monday - Thursday and at
noon on Fridays

All classes and services are by appointment only. For more information talk to your Case Manager!

Counseling sessions are by appointment only. Contact your Case Manager for more information.

Closed for Day Services December 25th & January 1st

Mondays

Weekly Sutter Yuba Behavioral Health: Representative, 9:00 - 11:00 am
Weekly Counseling, 12:30 - 3:30 pm
Weekly Peach Tree Mobile Clinic, 9:00 am - 4:00 pm
Dec 2 & 16 Adventist Health: Community Connect Social and Health Barriers, 1:00 - 3:00 pm

Tuesdays

Weekly Sutter County Superintendent of Schools: Educational Outreach for all Sutter County Schools, 9:00 - 11:00 am
Weekly iCare: BX Health Engagement, 11:00 am - 12:00 pm

Wednesdays

Dec 4 Sutter County 1 Stop: How the One Stop Assists, Job Applications, Be Yourself, 10:00 am - 11:30 am
Dec 4 SYPH: Vaccine Education Class, 2:30 pm - 3:30 pm
Dec 18 Harm Reduction: Learn How to Stop Overdose Deaths, 11:30 am
Dec 18 Sutter County 1 Stop: Professional Self, Mannerisms/Grooming, Interview Readiness, 10:00 am - 11:30 am

Thursdays

Weekly Harmony Health: Street Nurse Team, 9:00 am - 12:00 pm
Dec 12 Breaking the Chain - Pop-in, 2:30 pm - 3:30pm

Fridays

Dec 6 & 20 Peachtree Health: Medical Benefits, 9:00 am - 11:00 am
Dec 6 Veterans Outreach, 11:00 am - 1:00 pm
Dec 6 & 20 CRLA: Talk to a CRLA Advocate, 2:00 pm - 3:00 pm
Dec 20 Breaking the Chains of Life Controlling Problems, 3:00 pm - 4:00 pm